



South Asian Muslim Association

سماا

SAMAA MISSION STATEMENT

“ To evidence the Islamic spirit of love, compassion and charity in providing a range of services to the aged of South Asian Muslims in NSW that best meet the physical, spiritual, cultural and emotional needs of the individuals, their families and the Muslim community”

SAMAA'S VOLUNTARY SERVICES

Samaa's volunteer service includes

- a) Providing home help to the aged and infirm. This may include cook food for them, do necessary cleaning and washing.
- b) Alleviate loneliness through regular visits by the volunteers and spending time with them.
- c) Transport to attend Friday prayers and social events. This helps many of our elderly in enjoying some social life.
- d) Transport to doctors, help them in day to day shopping.

We need volunteers in various areas of Sydney to provide the services mentioned above. We request all brothers/sisters who can spare some time to offer their services and register themselves as volunteers.

SAMAA has introduced the system of paid volunteers where volunteers can be paid for the work they do or for the personal expenses they incur in serving the elderly.

Please contact SAMAA or fill out the Voluntary registration form on SAMAA website.



JASHNE BUZURG 2010

UPCOMING EVENT

JASHNE BUZURG 2011

The annual event of SAMAA is scheduled to be held on **Saturday 12 March 2011, at 6 PM** at **Auburn Town Hall**. The Jashne Buzurg is held each year to bring together South Asian elderly and their families, SAMAA members and government officials to celebrate SAMAA's achievements of previous year and plan for the next year.

We expect that a few federal and state ministers, parliamentarians, officials from aged care agencies, experts in the field will attend the event along with some fine artists to entertain the audience with South Asian music and songs.

At SAMAA, we are looking for extraordinarily talented elderly people who may be willing to present/perform on the stage. They will be encouraged to perform at SAMAA functions.

For more information, Please ring **95439769, 94497763**.

SAMAA SIGNS MEMORANDUM OF UNDERSTANDING WITH WALLGROVE AGED CARE FACILITY

South Asian Muslim Association of Australia (SAMAA) has entered into an agreement with another nursing home through signing a memorandum of understanding with Wallgrove Aged Care Facility at Lakemba. SAMAA representatives and the managers of Wallgrove Aged Care facility met on 14 December 2010 to formalise this agreement. This memorandum of understanding sets out a framework for the collaborative delivery of culturally appropriate aged care to the South Asian Muslim community.

Wallgrove Aged Care Facility is located at 35, Yerrick Road in Lakemba at a walking distance from the main mosque. It is a 52 bed high care nursing home with some of its residents being Muslims. Only Halal food is served and It has many South Asian staff members. Accommodation consists of a mix shared, single and couples rooms that are offered to residents based on individual needs and preferences. Residents are encouraged to make their room their own by personalising it with mementos, furniture and the like. It has expansive outdoor garden areas for residents with dementia, visitors and family to enjoy at their leisure.

Ms Gilda Lacanilao, facility services manager of Wallgrove Aged Care Facility and Mrs Mona Zahid of SAMAA signed the memorandum. Mr Kazim Hussain, Syed Afzal Hussain and Mr Zahid Jamil of SAMAA and Ms Dulce Hussain from Wallgrove Aged Care facility were also present.

SAMAA and Wallgrove Aged Care Facility agreed to cooperate in working towards enhancing access for older people from South Asian Muslim background to culturally and religiously appropriate care. SAMAA will introduce the Aged Care provider to the community members. It will also provide cultural briefings to the management and care staff. Wallgrove Aged Care Facility will arrange special tours for community members to introduce them to the service.



With the signing of this MOU, SAMAA now has arrangements with two nursing homes. The other nursing home is Curie Nursing Home which is located in Oatlands, near Parramatta, in a quiet cul-de-sac with large surroundings. It is a 44 beds facility with plans to be upgraded to 100 bed facility. It is "Cluster" nursing home which specialises in care of Muslim Aged. Only Halal food is served. Muslim elders are helped in wudu and praying. All forms of religious activities are encouraged. Skilled Muslim staff members and external health practitioners are constantly available to provide high levels of care.

Curie Nursing Home at Oatlands would suit the community members living in Western and North Western Sydney. Wallgrove Aged Care facility would suit the people living in South and South Western Sydney.

SAMAA encourages all members of South Asian Muslim community to avail the above facilities for their elderly who are in need of nursing home care. They can contact SAMAA on 95439769 for more information. They can also contact Curie Nursing Home directly on 96301522 or Wallgrove Aged Care Facility on 97592653.

REGISTER YOUR ELDERLY WITH SAMAA

SAMAA's main objective is to provide aged care services to the elderly of South Asian Muslim Community. South Asians include people from Pakistan, India, Bangladesh, Sri Lanka, Afghanistan and people of Indian origin, such as people from Fiji, South Africa and several other countries.

SAMAA runs a volunteer program under which SAMAA volunteers provide services to the elderly; such as cook food for them, take them to mosques, doctor etc, do shopping for them and arrange get togethers. SAMAA can arrange placement of elderly seeking high care in a Nursing home which provides culturally and religiously appropriate care to South Asian Muslims. SAMAA also coordinates with the Department of Home and community care for home care services.

SAMAA requests all South Asian Muslims to register their elderly with SAMAA. SAMAA firmly believes that children and family members are primarily responsible to look after their parents/elderly as per Islamic guidelines. However SAMAA also believes in community spirit, again as per Islamic teachings which inspire us to cooperate with each other and treat all elderly with respect and care. We also wish to maximise the use of aged services available through various agencies for our community by making them culturally appropriate.

Please ring SAMAA or send an email to (samaa.inc@hotmail.com) with the elderly's name and phone number and a SAMAA representative will ring them to do the needful for registration. The registration form is also available on samaa website.

People who are 60 years and over may register with SAMAA even if they do not need any voluntary or specialised service. SAMAA will like to invite them to its annual event or get togethers on special occasions such as Eid. SAMAA will also send its newsletters to you. *(SAMAA is aiming to reach out to all South Asian Muslims living in Sydney and neighbouring areas. Can you help us achieve this goal by spreading the word amongst your acquaintances.)*

HOME CARE

What is HACC?

The Home and Community Care (HACC) Program is currently a joint Australian, State and Territory Government initiative. Commonly known as HACC, the Program provides services such as domestic assistance, personal care as well as professional allied health care and nursing services in order to support older Australians, younger people with a disability and their carers (family and friends) to be supported at home and in the community and to reduce the potential or inappropriate need for admission to residential care.

You could consider HACC as an early intervention service to support a person at home during a time of crisis. Getting help does not mean you or your family are dependent on external services. Rather, HACC services complement and support you to care for your family member at home.

The HACC Program provides a basic level of support to recipients. In New South Wales, the Program is administered by Ageing, Disability and Home Care, Department of Human Services NSW. HACC services are delivered by government and a range of community organisations that may be faith-based, multicultural or ethno-specific. Not all HACC services are available in every area. It is important to ask particularly if you have a specific need.

Who to contact first?

As a starting point, contact Commonwealth Respite and Carelink Centres which are information centres that provide free and confidential information on community aged care, disability and other support services available locally, interstate or anywhere within Australia. You can contact your nearest Commonwealth Respite and Carelink Centre by phoning a national telephone number Freecall™ 1800 052 222*. Anyone can contact a Commonwealth Respite and Carelink Centre.

HACC Access Worker and SAMAA

The Statewide Home and Community Care Multicultural Access Program Officer works with SAMAA Executive to deliver appropriate aged care information to its members as well as identify issues and barriers in HACC service provision. Information about the HACC Program is currently available in various languages including English, Hindi & Tamil. SAMAA hopes to pursue HACC to produce a Handbook in Urdu as well.

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CHECK SAMAA WEBSITE FOR MORE DETAILS OR RING SAMAA

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Tel: 1300 66 2034 (Masood Sherrif)

Wales Corner, Suite 1412, Level 14, 227
Collins Street, Melbourne.

Sydney Contact Masood Husaini 0414 749 245

DONATE TO SAMAA

www.samaa.org.au

"Your Lord has commanded that you worship none but Him, and be kind to your parents. If either or both of them reach old age with you, do not say 'uff' to them or chide them, but speak to them in terms of honor and kindness.

Treat them with humility, and say, 'My Lord! Have mercy on them, for they did care for me when I was little.' (Qur'an 17:23-4)

If you wish to receive future copies of SAMAA's newsletters via email, please notify us by sending an email to samaa.inc@hotmail.com.

SAMAA is seeking donations from individuals, community organizations, businesses and corporations.

There are two separate funds.

BANK: ANZ, Account Name: South Asian Muslim Association of Australia Inc.

BENEVOLENT SERVICES FUND

This fund is utilized in providing voluntary services to our elderly.

Benevolent Services Account:
BSB: 012 081, Account Number: 901179677

ELDERLY HOME FUND

The raised funds will be utilized for building our own aged care facilities.

Elderly Home Account:
BSB: 012 081, Account Number: 901179853